1983

Good As Gold
MONEY SAVING COUPONS

The Local Yellow Pages

a directory of businesses serving

LYNNHAVEN

Quick Reference

BUYERS GUIDE

Lynnhaven

APPLIANCES 340-5104
London Bridge Appliances
368 London Bridge Ctr

BOWLING 420-5840
Indian River Lanes
6660 E Indian River Rd

Thunderbird Lanes 428-5897
1577 Laskin Rd

CHIROPRACTOR 422-0662
Dr Michael J Lesyshyn
913 First Colonial Rd

DENTIST 481-3305
Dr Stanley Chickey
2247C Great Neck Rd

GIFTS 428-6271
Andrew Morton
32nd & Pacific Av

HOME IMPROVEMENT 499-2341
Contractors Referral Service
1035 Little Bay Rd Nor

INSURANCE 461-3408
Robert H Barton
Insurance Agency
2 Koger Center Nor

LOCKSMITH 340-1400
JD Gregory
3277 E Groveland Rd

MEDICAL CENTER 499-1882
Minor Emergency
Center of Va Beach
396 S Witchduck Rd

NAVY TOURS 444-7955
Naval Station Tours
9808 Hampton Blvd Nor

OPTOMETRIST 467-3030
Dr William W Townsend
729 Timberlake Shop Ctr

PAWN SHOP 425-1626
Gold Post Pawn Shop
550 First Colonial Rd

PIZZA 427-5720
Sergio's Pizza
1363 Lynnhaven Pkwy

RESTAURANT 340-8073
Narniah Mexican Food
2859 Va Beach Blvd

UTILITIES 428-5788
Virginia Electric &
Power Company
525 First Colonial Rd

WAX MUSEUM 425-3825
Royal London
Wax Museum
16th St & Atlantic Av

EMERGENCY NUMBERS
INSIDE BACK COVER

FREE 2-DAYS 1-NIGHT
MINI-VACATION AT
NAGS HEAD, N.C.
OR
PREMIUM VALUED AT
$100.00 OR MORE
See our accompanying ad for details
Sea Scape **BEACH & GOLF**
CALL: **1-800-334-8137**
LOCAL YELLOW PAGES COUPON

Sea Scape
BEACH & GOLF
KITTY HAWK, N.C.
YOUR PRIVATE VACATION

GOLF, SWIMMING POOLS, TENNIS COURTS, RESTRICTED BEACH AND MUCH, MUCH MORE.

SEA SCAPE COMBINES THE BEST FEATURES OF LUXURIOUS TIME-SHARING OWNERSHIP PRESENTED IN ONE TRULY AFFORDABLE PACKAGE

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BUY ONE DOLLAR'S WORTH OF TOKENS AND RECEIVE
4 FREE TOKENS
Not Good With Any Other Promotion

1413 N. GREAT NECK RD.
CORNER
OF N. GREAT
NECK ROAD
& MILL DAM ROAD
NEXT TO EXXON
LOCAL YELLOW PAGES COUPON

THE GOLDEN STRAND
CONDOMINIUMS

presents...
WITH THIS COUPON
3 days - 2 nights for **$29.00**
ON THE OUTER BANKS
All we ask is that you take a courteous inspection tour of our time-share ocean front resort.

Call **1-800-334-4739**
for details & reservations

ELIGIBILITY: This Resort is geared toward married couples. Must be at least 27 yrs of age & accompanied by spouse. If not retired, one of the couple must be employed on a full-time basis. No students, please. Offer subject to availability from Sept. 15 thru April 15. Persons previously visiting are ineligible.

LOCAL YELLOW PAGES COUPON

THE GOLDEN STRAND
CONDOMINIUMS

The Premier Time-Share Resort
On The Outer Banks
CALL FOR INFORMATION
1-800-334-4739
7½ M P Beach Rd., Kill Devil Hills, N.C., 27948

THIS COUPON GOOD FOR
2 FREE PLAYS
PER PERSON AT... FLIPPER McCoys

HAVE A BALL
2212 Atlantic Ave.
900 Atlantic Ave.
923 Glenrock Road
LOCAL YELLOW PAGES COUPON

REAL ESTATE · TIME SHARING

AMUSEMENTS

REAL ESTATE - TIME SHARING

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CORNER
OF N. GREAT
NECK ROAD
& MILL DAM ROAD
NEXT TO EXXON

GALAXY GAME ROOM

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OCEANA, VA.

428-3052

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ORIENTALS
AND
METAL ETCHINGS

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A & J Auto Parts

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ON ALL SERVICE WORK

SPECIALIZING IN MERCEDES-BENZ
BMW-EXPERT GERMAN &
BRITISH AUTO REPAIRS

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VA. BEACH

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BEAUTY SALON

5 Function LCD Watch - OR -
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WITH A TOUR OF OUR
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ACCORDING TO THE STORE RULES

Please call **420-9697** for an appointment to visit our store

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Spinal Check-up & Scoliosis Screening

DR. MICHAEL LESYSHYN

First Colonial
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913
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Virginia Beach

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Retail Value $49.95
With Purchase of Deck - Minimum 140 Square Feet

CUSTOM MADE DECKS

Pressure Treated Wood • Maintenance Free
Complete Design & Installation
Service Available

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The Most Unusual Store On The East Coast

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VIRGINIA BEACH
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GIFTS HEALTH FOODS

BRING THIS COUPON TO NIMA FOR A

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FREE INTRODUCTORY CLASS

$10.00 Value

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Virginia Beach
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JUST FOR LISTENING TO THE MONEY-SAVING FACTS... AND

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ITALIAN CONNECTION
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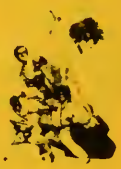

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BUY ANY LARGE PIZZA
AND RECEIVE
2nd. LARGE PIZZA FOR
½ PRICE
SEPARATE FROM ANY DAILY SPECIAL
MILTON'S PIZZA
2272 GREAT NECK RD.
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$2.00 OFF MEXICAN DINNER
BUY 1 COMBINATION DINNER
AND GET 2nd COMBINATION DINNER
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MAJOR CREDIT CARDS ACCEPTED
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the 'Sitter
WITH THIS COUPON (One Child Per Coupon)
THE SITTER
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Mall, North Patio
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Across From Lynhvn Mall
499-3030
463-5072
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THIS COUPON WORTH
5% Off
ON PURCHASE OF SOLAR
HOT WATER OR SOLAR
HEATING/COOLING OR
HEAT PUMP INSTALLATION
424-6055
SOLAR SYSTEMS CORP.
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SOLAR ENERGY

FREE
STORM WINDOW OR REPLACEMENT WINDOW
(WITH PURCHASE OF 10 OF SAME AND COUPON)
CUSTOM MADE FOR ANY OPENING
MANY STYLES - COLORS AVAILABLE
20 STYLES OF STORM DOORS
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CONVERSION SPECIALTIES
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FREE 12' MODULAR HAND SET CORD - OR -
FREE TELEPHONE SHOULDER REST WITH THIS COUPON AND PURCHASE OF A NEW PHONE
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TELEPHONES
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BUY ANY LARGE PIZZA AND RECEIVE 2nd. LARGE PIZZA FOR

½ PRICE

SEPARATE FROM ANY DAILY SPECIAL

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THIS COUPON WORTH

5% Off

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KNOW Where To Call For Sound Health Information

The Leigh Memorial Hospital

TEL-MED

Dial:
466-KNOW
(5669)

TEL-MED is a collection of pre-recorded messages designed to supply the caller with up-to-date information of various health topics.

TEL-MED is easy to use and its free! Just dial 466-5669 (KNOW), and tell the operator the tape number of the message you wish to hear. If you wish to hear another tape, just call back and ask the operator to play it for you!

TEL-MED is not designed for use in emergency situations, nor should it be used in place of your physician.

TEL-MED

Health Information At Your Fingertips

TEL-MED is partially funded by the MCH Auxiliary

A Public Service Of
Leigh Memorial Hospital

See Tape Listings On Following Pages

Leigh Memorial Hospital

TEL-MED

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KNOW Where To Call
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Leigh Memorial Hospital

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1983

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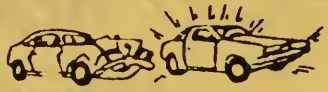

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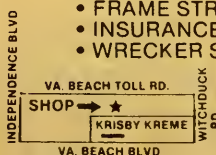

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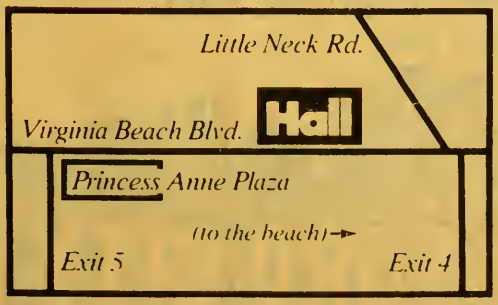

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TIDEWATER'S LARGEST Greenbrier

• COMPLETE PARTS, BODY SHOP AND SERVICE DEPT.
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► Automobile Dealers - New

Atlantic BMW 1829 Fashin Rd Va Bch 422-3201
BANNER BUICK
—See Our Display Ad This Classification—
1800 Laskin Rd Va Bch **425-7070**
Beach Ford Inc 2717 Va Bch Blvd Va Bch 486-2717
Cavalier Ford 1515 S Military Hwy Ches 424-1111
COLONIAL CHEVROLET CORP
6252 E Va Bch Blvd Nor **461-1111**
CONTINENTAL IMPORTS INC
—See Our Display Ad This Classification—
4980 Va Bch Blvd Va Bch **497-4864**
DENBIGH TOYOTA
—See Our Display Ad This Classification—
15198 Warwick Blvd Newport News **874-6000**
Duncan Auto Sales 5055 Va Bch Blvd Va Bch 499-7780 499-7966

► Automobile Dealers - New (Cont'd)

EVERETT-JORDAN MOTOR CO
529 Va Bch Blvd Va Bch **428-1242**
GREENBRIER CHRYSLER PLYMOUTH INC
—See Our Display Ad This Classification—
1414 S Military Hwy Va Bch **424-4600**
HALL PONTIAC-GMC-HONDA
—See Our Display Ad This Classification—
3152 Va Bch Blvd Va Bch **486-7000**
Hilltop Motors 1877 Laskin Rd Va Bch 425-5511
KIMNACH FORD INC
—See Our Display Ad This Classification—
6401 E Va Bch Blvd Va Bch **461-6401**
Kline Chevrolet Sales Corp
S Military Hwy & Greenbrier Rd Ches 424-1811

Continued next page

DENBIGH TOYOTA

15198 Warwick Just North Of Patrick Henry Airport At Denbigh Blvd

SALES - SERVICE - PARTS

SOUTHSIDE 461-3008 PENINSULA 874-6000 DMV #8436

CONTINENTAL IMPORTS

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• FIAT • VOLVO • LANCIA

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DMV 0101

4980 VA. BEACH BLVD. BETWEEN WITCHDUCK RD. & INDEPENDENCE BLVD.

497-4864

Bill Lewis CHEVROLET

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We Are Located Near Exit Of Midtown Tunnel In Portsmouth

TURNPIKE RD. & HARBOR DR.

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We feature GM cars like this Oldsmobile Cutlass.

WANT TO DRIVE A BARGAIN?

NATIONAL CAR RENTAL SELLS CARS!!

NATIONAL NOW SELLS OUR TOP QUALITY USED CARS DIRECTLY TO THE PUBLIC WITH AN EXCLUSIVE 2 YEAR - 24,000 MILE WARRANTY

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855-3183

RENTAL LOCATIONS:

NORFOLK INTL. AIRPORT..... 857-5384
3455 N. MILITARY HWY., NORFOLK..... 855-2037

► Automobile Dealers - New (Cont'd)

LEWIS BILL CHEVROLET
—See Our Display Ad This Classification—
Turnpike & Harbor Rds Port..... 399-1341
Liberty Datsun 2865 Va Bch Blvd Va Bch..... 340-5355
Lynnhaven Wholesalers Inc 2914 Va Bch Blvd..... 340-0625
Major Lincoln-Mercury 2375 Va Bch Blvd Va Bch ... 340-0800
Nixon MG-Subaru Sales Inc 623 Va Bch Blvd Va Bch. 428-8623
R K Chevrolet Va Bch Blvd Va Bch 486-2222
ROUGHTON PONTIAC
—See Our Display Ad This Classification—
6241 E Va Bch Blvd Nor **461-1200**
Virginia Beach Dodge 3443 Va Bch Blvd Va Bch 463-6100

► Automobile Dealers - Used

Denbigh Toyota Inc 15198 Warwick Blvd Newport News 874-6000
Great Neck Auto Sales 1373 N Great Neck Va Bch... 481-2494
Kempsville Auto Sales 5124 P Anne Rd Va Bch..... 499-2291
NATIONAL CAR RENTAL
—See Our Display Ad This Classification—
3445 N Military Hwy Nor..... **855-3183**
Nixon MG/Subaru Sales Inc 623 Va Bch Blvd Va Bch 428-8623
Ribs Auto Sales 3625 N Military Hwy Nor..... 853-4551
Rosemont Auto Sales 184 S Rosemont Rd Va Bch... 463-3800
Winslow's Auto Sales 2341 Va Bch Blvd Va Bch 486-6330

► Automobile - Parts & Supplies - New

A & J AUTO PARTS
—See Our Display Ad This Classification—
5760 Northampton Blvd Va Bch..... **460-1234**

► Automobile - Parts & Supplies - New (Cont'd)

AL-START
Rebuilders Of
Alternators & Starters
4992-3 Euclid Rd., Virginia Beach **490-3014**

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—See Our Display Ad This Classification—
835 Va Beach Blvd Va Bch..... **425-0115**
ACREDALE AUTO
5924 Indian River Rd Va Bch..... **424-6200**
C E W Imported Auto Parts 1037 Laskin Rd Va Bch .. 422-8771
Chesapeake Auto Supply 838 Va Bch Blvd Va Bch... 428-8300
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1801 London Bridge Rd Va Bch **427-9212**

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Virginia Beach **468-6330**

Continued next page

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ALL QUALITY BRAND NAMES!

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AT CROMWELL RD.
853-2222

VA. BEACH
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AT BAKER RD.
460-1234

CHESAPEAKE
4018 BAINBRIDGE BLVD.
AT PORTLOCK RD.
543-2316

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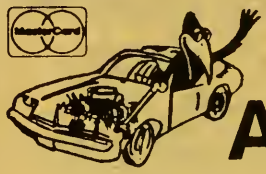

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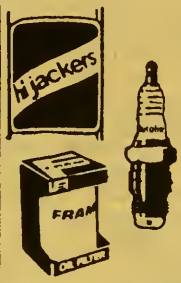
FORMERLY GRAY'S AUTO PARTS

STOP IN TODAY — WE HAVE ALL YOUR AUTO NEEDS

OPEN 7 DAYS A WEEK
MON. - FRI. 8 - 8
SAT. & SUN. 9 - 5



QUALITY PARTS AT WHOLE-SALE PRICES!

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Howard Young's Auto Parts

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► Automobile Parts & Supplies - New (Cont'd)

Economy Auto Supply Co Inc 6451 Va Bch Blvd Nor . 461-7001
First Colonial Auto Parts 406 First Colonial Rd Va Bch 422-4644
Frazier Tommy Auto Parts 2923 Va Bch Blvd Va Bch . 463-2900
Holland Plaza Auto Parts 4312 Holland Plaza Va Bch. 486-0193
JAPANESE AUTO PARTS
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2605 Va Bch Blvd Va Bch 486-0122
Lafayette Auto Supply 1416 N Great Neck Rd Va Bch. 481-7883

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Specializing In The Needs Of The IMPORTED CAR OWNER
172B S. Plaza Trl., Virginia Beach **463-1190**

Plaza Car Parts 481 S Lynnhaven Rd Va Bch. 486-2785
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—See Our Display Ad This Classification—
1500 Princess Anne Rd Va Bch **426-6136**
Sparky's 348 London Bridge S C Va Bch. 340-5866
Virginia Beach Auto Supply 839 Va Bch Blvd Va Bch . 428-6556
YOUNG'S HOWARD AUTO PARTS
—See Our Display Ad This Classification—
4708 Tulip Dr Va Bch **460-1173**

► Automobile Parts & Supplies - Used

INGRAM USED AUTO PARTS
—See Our Display Ad This Classification—
3416 N Military Hwy Nor. **855-4738**
2400 E Indian River Rd Ches **543-3531**
Continued next page

JAPANESE AUTO PARTS 486-0122
Super Low Prices! Quality Parts!
- FACTORY REBUILT ENGINES DIRECT FROM JAPAN
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AUTO PARTS AND ACCESSORIES
TOOLS AND EQUIPMENT
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"SERVING TIDEWATER FOR OVER 31 YEARS"
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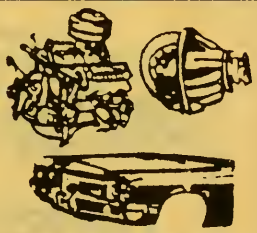
LOT #2 **543-3531** 2400 E. INDIAN RIVER RD., CHES.

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TUBBS AUTO PARTS INC.
USED AUTO PARTS FOR EVERY MAKE OF CAR
AUTO PARTS FOR EVERY MAKE OF CAR
WE BUY WRECKED AND JUNKED CARS
FREE TELETYPE SERVICE
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PARTS FOR ALL MAKE CARS
"We Try Harder To Please"
FAST DELIVERY
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IF IT CAN BE OVERHAULED
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WE DEAL IN "HOT" CARS!
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ALAN LOVITT, Stock Room Mgr.
KEN LOVITT, Shop Manager

► Automobile Parts & Supplies - Used (Cont'd)

L & S USED AUTO PARTS
—See Our Display Ad This Classification—
5117 Bainbridge Blvd Ches 545-3517

TUBBS AUTO PARTS INC
—See Our Display Ad This Classification—
2215 Indian River Rd Nor 545-8418

► Automobile - Radiator

ALLSBROOK RADIATOR SERVICE
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3432 Azalea Garden Rd Nor 853-4528

Burch Radiator & Glass Co 604 18th St Va Bch 428-7852

LUND'S RADIATOR SERVICE
—See Our Display Ad This Classification—
1776 E Va Bch Blvd Va Bch 422-1500

Virginia Beach Radiator Service
1852 Va Bch Blvd Va Bch 428-4071

► Automobile - Radio & Stereo

Go Ho Auto Audio 2605 Va Beach Blvd Va Bch 463-0777

J M Security & Sound Inc 2105 Kimball Ter Nor 627-7020

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Service • Expert Installation
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468-4499

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JAPANESE CAR CENTER

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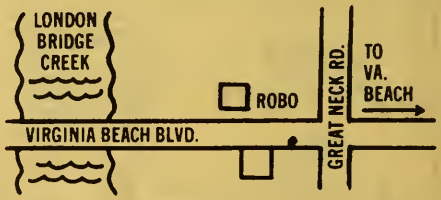
STATE INSPECTION STATION
USED JAPANESE CAR PARTS
NEW FACTORY PARTS
FACTORY SERVICE CHECK-UPS



London Bridge
Auto Service Center
486-1210
486-6178
2429 VIRGINIA BEACH BLVD.

► Automobile - Radio & Stereo (Cont'd)

SOUND SHOP THE
Quality Car Stereo
And Installation
2406 W. Mercury Blvd., Hampton **827-9405**

► Automobile - Renting & Leasing

Budget Rent A Car-Truck 3316 Va Bch Blvd Va Bch . . 486-0050
Dollar Rent-A-Car 7813 Shore Dr Va Bch 480-1500
E-Z Auto Rental 414 Va Bch Blvd Va Bch 428-8477
NATIONAL CAR RENTAL
Norfolk International Airport Nor **857-5384**
3455 N Military Hwy Nor. **855-2037**

► Automobile - Repair & Service

A-1 AUTO REPAIR & TOWING
—See Our Display Ad This Classification—
204 First Colonial Rd Va Bch **422-8532**
ACREDALE AUTO
—See Our Display Ad This Classification—
5924 Indian River Rd Va Bch. **424-6200**
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TIRES
AUTO REPAIR
1217 S. Military Hwy., Chesapeake **420-7241**
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3909 Va Bch Blvd Va Bch **340-2222**
Boulevard Automotive 5004 Va Bch Blvd Va Bch. . . . 499-7634
BUCKY'S TRANSMISSION & AUTO SERVICE
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► Automobile Repair & Service (Cont'd)

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Don's German Werks 1428-B Southern Blvd Va Bch. . 425-5072
Expressway Texaco 705 22nd St Va Bch 425-8581
Frost's First Colonial Exxon 1405 Great Neck Rd Va Bch 481-5116
HOLLAND RD AUTO CENTER
—See Our Display Ad This Classification—
4648 Holland Rd Va Bch **499-7674**
Jim's Auto Body 1737 Va Bch Blvd Va Bch. 428-7308
LARRY'S IMPORT CENTER
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852 Va Bch Blvd Va Bch **422-3295**
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2429 Va Bch Blvd Va Bch. **486-6178 486-1210**
London Bridge Motor Co 2327-B Poyner Ln Va Bch . . 340-8188
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Lowe's Auto Service 604 18th St Va Bch 428-8285
MACCUBBIN'S AUTO SERVICE
—See Our Display Ad This Classification—
2336 Salem Rd Va Bch. **427-1830**
MALIBU MOBILE & SUPERBUGS INC
—See Our Display Ad This Classification—
5622 E Va Bch Blvd Nor. **461-2425 461-3543**

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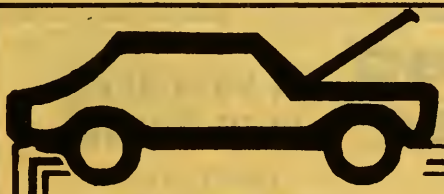

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FOREIGN • DOMESTIC

"Service is the last word on our letterhead...
...and the first word in our minds"

- Custom Engine Rebuilding
- Brakes
- Clutches
- Front-End Repairs
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over sixty years combined shop experience

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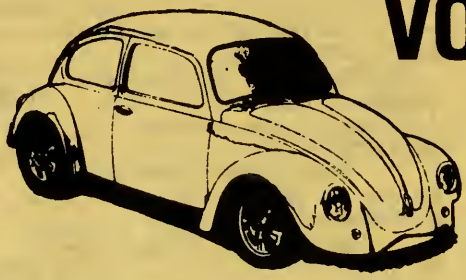
VIRGINIA BEACH VOLKSWAGEN



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FACTORY TRAINED MECHANICS

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ALL WORK GUARANTEED
WRECKER SERVICE AVAILABLE

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REPAIRING
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Mercedes-Benz and BMW Specialists

Complete Maintenance Facility

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VIRGINIA BEACH

422-3295

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► Automobile Repair & Service (Cont'd)

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—See Our Display Ad This Classification—
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Bring Your Foreign Car To Us
For Complete Auto Repair
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Potomac Street Collision & Air Conditioning Service Co Inc
4911 Potomac Va Bch 497-1612
R & W Auto Repair 3001 Silina Dr Va Bch 486-1688
Terry's House Of Honda 106 First Colonial Rd Va Bch . 422-4696

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—See Our Display Ad This Classification—
680 N Witchduck Va Bch 499-4040

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► Automobile - Seat Covers & Tops

CONVERSION SPECIALTIES
—See Our Display Ad This Classification—
852 Va Bch Blvd Va Bch 422-2790

Continued next page

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FOREIGN & DOMESTIC
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TOWING SERVICE AVAILABLE

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WRECKING SERVICE

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422-8532 DAY OR NIGHT

SPECIALIZED AUTOMATIC TRANSMISSION WORK
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SERVICE & PARTS
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CARS & TRUCKS
SINCE 1951

5924 INDIAN RIVER ROAD AT I-64
FOR SERVICE: 424-6200
PARTS OR DO-IT-YOURSELF: 424-1650

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ALEXANDER'S CORNER, PORTSMOUTH, VA.

488-0000

the baby's room inc.

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Open Mon - Sat
10 a m - 6 p m.
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Virginia Beach, Va.

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Complete Line of Child Craft Furniture
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Sea Shore Shoppes Shore Dr. & Great Neck Rd.

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PARTY TRAYS

Real French Bread & Pastries and Fancy Cakes

DELICIOUS SANDWICHES

► Automobile - Seat Covers & Tops (Cont'd)

ROPER'S UPHOLSTERY INC

AUTO - BOAT - FURNITURE
4517 Bainbridge Blvd., Chesapeake **543-4963**

► Automobile - Undercoating & Rustproofing

J M Security & Sound Inc 2105 Kimball Terrace Nor . 627-7020

► Awnings

AMERICAN AWNING CO
—See Our Display Ad This Classification—
4231 Portsmouth Blvd Port **488-0000**
Chesapeake Fence & Awning Co Inc
1944 S Military Hwy Ches 545-8486
CHILDRESS MFG INC
5972 E Va Bch Blvd Nor. **461-6197**
Smith R H Awning & Roofing Co Inc
5512 Va Bch Blvd Va Bch 497-8094

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ALUMINUM AWNINGS • PATIO COVERS
CAR PORTS
Retail • Wholesale

2901 Deep Creek Blvd
Portsmouth **399-8161**

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—See Our Display Ad This Classification—
Va Bch Blvd Va Bch **486-6544**
Babylady 328 Byrd Ln King Shop Ctr Va Bch. 463-0900
BABYLAND
—See Our Display Ad This Classification—
3780 Va Bch Blvd Va Bch 340-0757

ROCK-A-BYE BABY

BUY - SELL - TRADE
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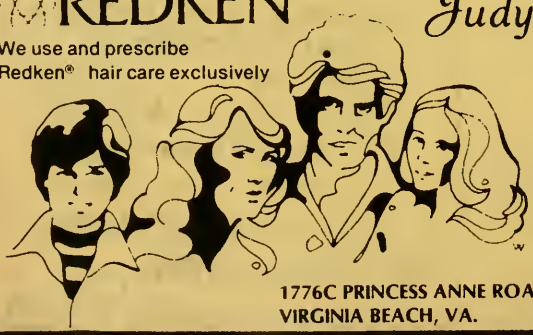

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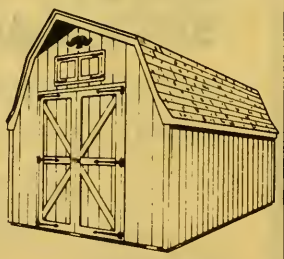

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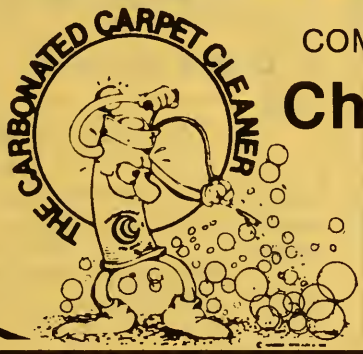

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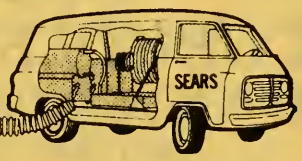

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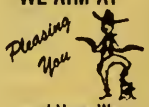

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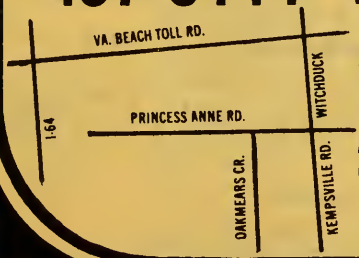

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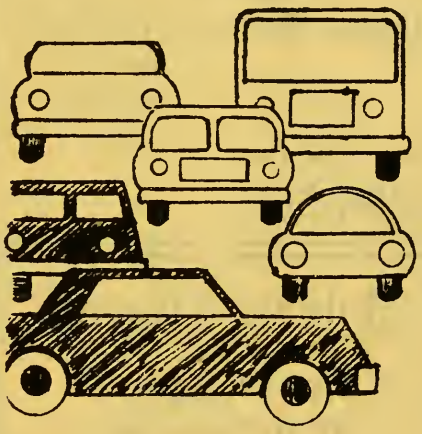

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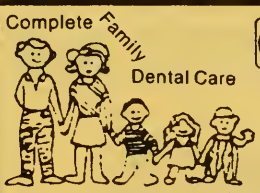

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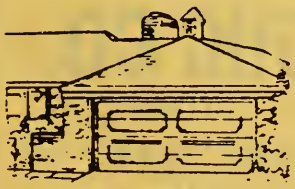
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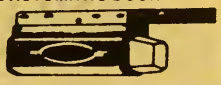
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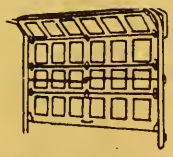
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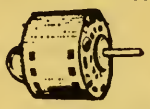

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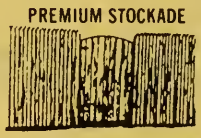
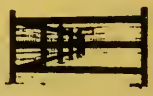
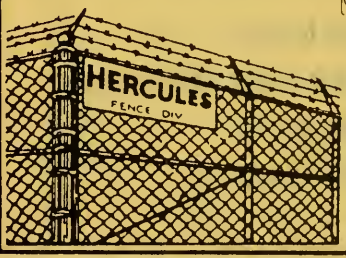
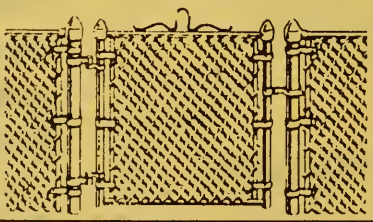
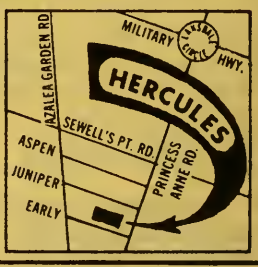




TREATED POST & RAIL



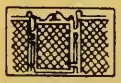




FENCES

Residential—Commercial—Industrial

BOARD ON BOARD PRIVACY FENCE



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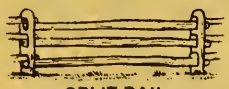
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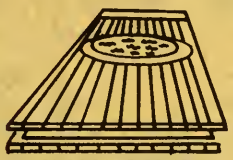
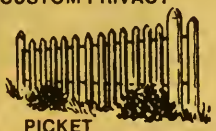

CUSTOM DECKS

STOCKADE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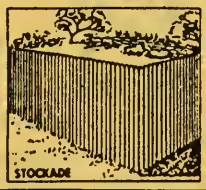
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Three Gulls Gift Shop 506 Pinewood Sq Va Bch 425-7242
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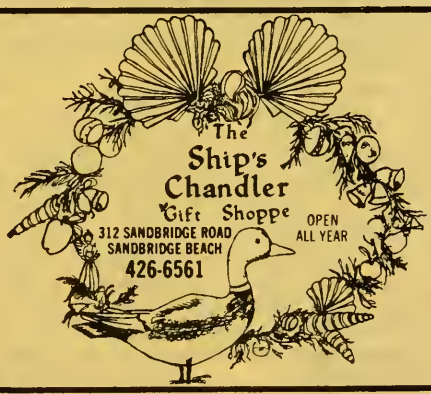

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City Attorney Municipal Ctr P Anne 427-4531
City Clerk Municipal Center P Anne 427-4303
City Manager Municipal Center P Anne 427-4242
City Treasurer Municipal Center P Anne 427-4445
Courts
Circuit Court Clerk Municipal Ctr P Anne 427-4181
General District Court Municipal Ctr P Anne 427-4706
Juvenile & Domestic Relations District Court 427-4391
Emergency Medical Services 911
Administration 1060 First Colonial Rd Va Bch 481-3811
Emergency Services Ofc Public Safety Bldg P Anne 427-4192
Finance Department Municipal Ctr P Anne 427-4681
Fire Department 427-4228
Fire & Rescue Emergency 911
General Services Director Municipal Ctr P Anne 427-4567
Health Department
Dental Services Municipal Ctr P Anne 427-4209
Family Planning 19th St & Artic Av Va Bch 425-0050
303 Birchwood Ofc Pk Va Bch 463-4240
Home Health Care 427-4280
VD Clinic 19th St & Arctic Av Va Bch 428-5402
Vital Statistics 19th St & Arctic Av Va Bch 428-5402
Jail Municipal Ctr P Anne 427-4551
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3612 S Plaza Trail Va Bch 340-5200
Administrative Offices Municipal Ctr P Anne 427-4321
Law Library Municipal Ctr P Anne 427-4419
Municipal Reference Municipal Ctr P Anne 427-4644
Mayor Municipal Ctr P Anne 427-4581
Mental Health & Mental Retardation Services 499-3737
Museum Of Marine Sciences 19th St & Artic Av P Anne 427-4884
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Personnel Department Info Municipal Ctr 427-4156
Police Department 427-4761
Emergency & Complaint 911
Public Utilities Customer Service Municipal Ctr P Anne 427-4631
Public Works Department Director 427-4167
Real Estate Assessor Municipal Ctr P Anne 427-4601
Registrar-Voter P Anne 427-4667
School Board Information 427-4585
Schools
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Cooke Elem 524 15th St 428-5102
Cox (F W) High 1848 Great Neck Rd 481-6207
Dey (John B) Elem 1900 N Great Neck Rd 481-4045
First Colonial High 1272 Mill Dam Rd 481-2111
Kings Grant Elem 612 Little Neck Rd 340-5131
Kingston Elem 3532 King's Grant Rd 340-8708
Linkhorn Park Elem 1413 Laskin Rd 428-7051
Lynnhaven Elem 210 Dillon Dr 340-5290
Lynnhaven Jr High 1250 Bayne Dr 481-4685
Malibu Elm 3632 Edinburgh Dr 340-1098
Plaza Jr High 3080 S Lynnhaven Rd 486-1971
Seatrack Elem 411 Birdneck Circle 428-2912
Trantwood Elem 2344 Inlynnview Rd 481-2241
Virginia Beach Jr High 600 25th St 428-7655
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Windsor Woods Elem 233 Presidential Blvd 340-2203
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Social Services Department 3432 Va Beach Blvd Va Bch 486-7223
Visitors Information Center 20th St & Pacific Av Va Bch 425-7511

VIRGINIA COMMONWEALTH OF

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Corrections Probation & Parole Office P Anne 427-1741
Employment Commission 3820 Va Beach Blvd Va Bch 486-1893
Health Department Tidewater Va Bch 460-5314
Highways Dept 1992 S Military Hwy Ches 545-4685
Mental Health & Retardation Info 467-8240
Motor Vehicles 229 Mustang Trail Va Bch 461-1919
National Guard 615 Birdneck Rd North Va Bch 422-4077
Port Authority Maritime Tower Nor 622-1671
State Police 1557 S Military Hwy Va Bch 420-3410
Transportation Safety 119-G Tilden Av Ches 547-1221
Virginia Cooperative Extension Service Ches 547-6348
Water Control Board Pembroke Two Office Bldg Va Bch 499-8742
Welfare Department Pembroke Four Ofc Bldg Va Bch. 490-1681

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Army Recruiting 615 N Birdneck Rd Va Bch 422-0463
Coast Guard Recruiting Station Nor 441-3246
Search & Rescue Emergencies Ches 484-8192
National Ocean Survey 439 W York St Nor 441-6616
National Weather Service General Info Nor 853-3013
Courts
Bankruptcy Court Clerk 627-1270
District Court Clerks Ofc 441-6661
Equal Employment Opportunity Commission 441-3470
Federal Bureau Of Investigation 200 Granby Mall Nor 623-3111
Federal Job Information Center Nor 441-3355
Internal Revenue Service 200 Granby Mall
Federal Tax Forms 1-800-552-9768
Justice Department Attorney U S P O & Court House Nor 441-6331
Labor Department Workmen's Comp Ofc 441-3071
Marine Corps 615 Birdneck Rd N 425-6532
Postal Service 120 S Plaza Trail 340-9831
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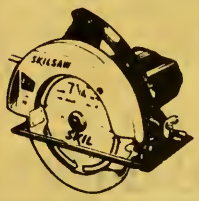

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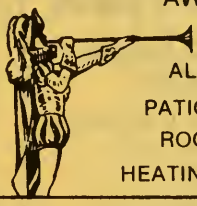

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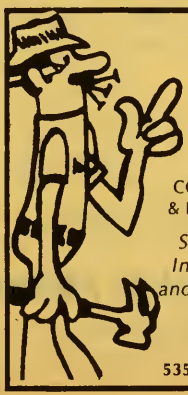

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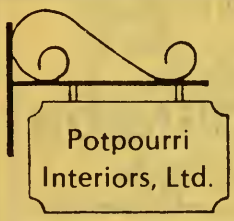

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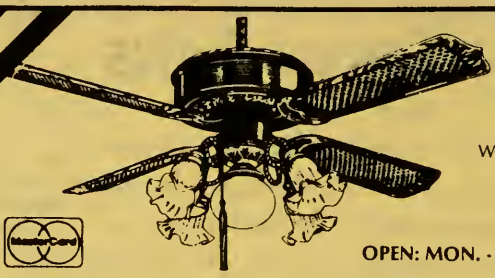

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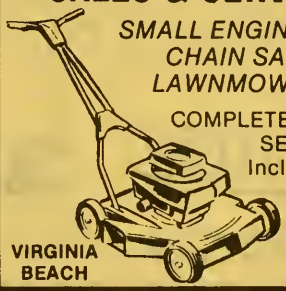

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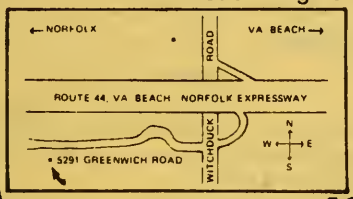

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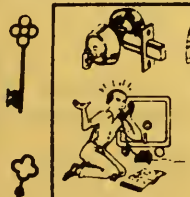

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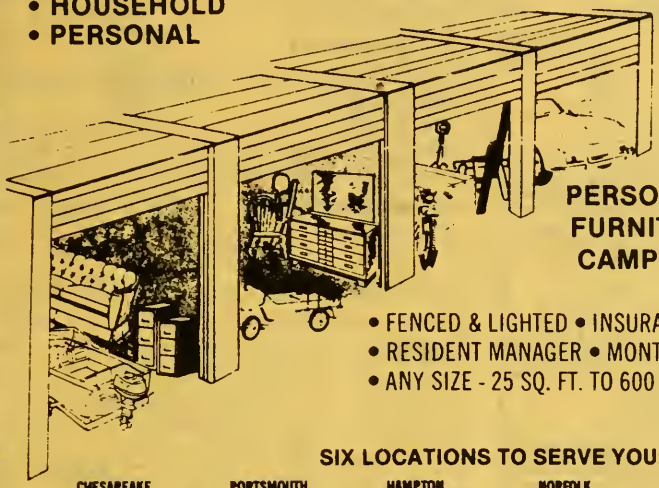

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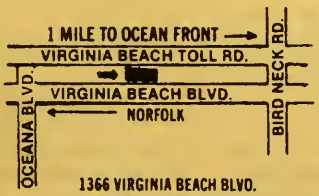

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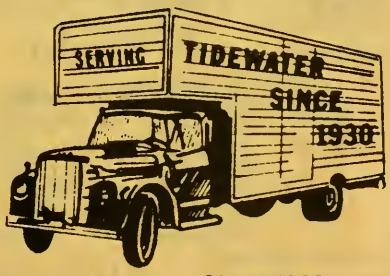

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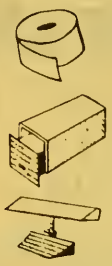

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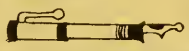

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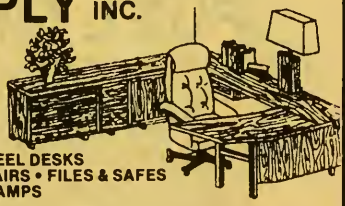

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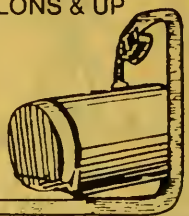

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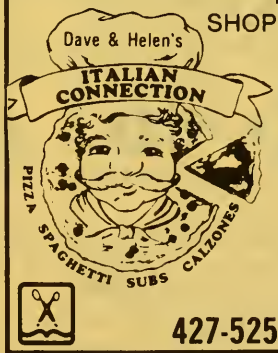

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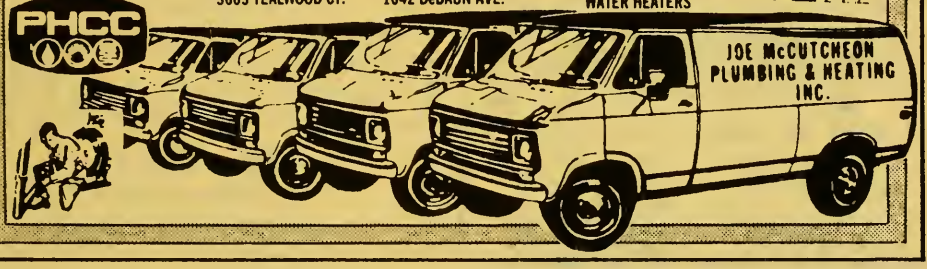

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Tandom's Pine Tree Inn 2932 Va Bch Blvd Va Bch . . 340-3661
That Seafood Place 39 Atlantic Av Va Bch 428-2411
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Warren's Milton Ice House Restaurant
604 Norfolk Av Va Bch 422-2323
Wayside Inn 97 S Witchduck Va Bch 497-6495
Wesley's Restaurant 500 Pinewood Rd Va Bch 422-1511
Western Sizzlin Steak House 1776 Laskin Rd Va Bch . 425-8835
WESTERN SIZZLIN
—See Our Display Ad This Classification—
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5001 Va Bch Blvd Va Bch 490-3115
4001 E Little Creek Rd Va Bch 480-2708
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Roofing Systems Inc 809 Live Oak Dr Ste 29 Ches . . . 420-6900
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Sunnybrook School 3330 Va Bch Blvd Va Bch. 340-2266
Va Bch Country Day School 2100 Harbor Ln Va Bch . . 481-0111

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Judge's Exxon 2903 Shore Dr Va Bch 481-7888
Kay's Beach Exxon 301 Laskin Rd Va Bch 425-5870
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Haygood Shoe Repair 1051 Independence Blvd Va Bch 464-9826

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Pappagallo 3621 Pacific Av Va Bch. 422-4688
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—See Our Dipslay Ad This Classification—
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2901 Lafayette Blvd Nor **855-1969**
Contractors Referral Service 1035 Little Bay Av Nor . . 499-2341
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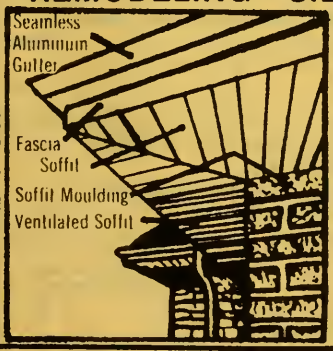

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Sign Master The 4954 Euclid Rd Va Bch 499-0615

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867 S Lynnhaven Rd Va Bch **468-0744**
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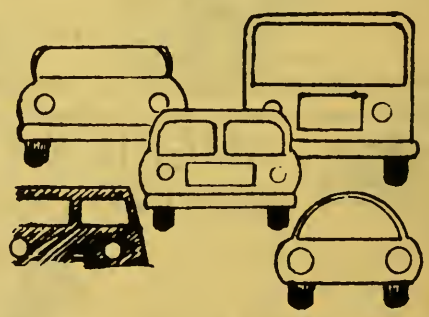
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By area of service

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Pembroke One Va Bch 499-1443
Alcohol Hotline..... 461-4357
Alcoholics Anonymous 7917 Tidewater Dr Nor 583-7676
Virginia Alcohol Safety Program
1168 First Colonial Rd Va Bch 481-3366

Children/Teens

Big Brothers & Big Sisters Of Tidewater
Norfolk Ofc 1821 Lafayette Blvd Nor 627-8077
Portsmouth Ofc 409 McLean St Port 487-1722
Catholic Family & Children's Service
5347 Virginia Beach Blvd Va Bch 499-5919
Jewish Family Service Of Tidewater Inc
7300 Newport Av Nor..... 489-3111
Lighthouse Runaway Hotline of Va Bch P Anne..... 427-4777
National Runaway Switchboard Toll Free..... 1-800-621-4000
Pendleton Child Service Center
1000 S Birdneck Rd Va Bch..... 425-6692

Family Counseling

Catholic Family & Children's Service
5347 Virginia Beach Blvd Va Bch 499-5332
Catholic Family & Children's Service 1301 Colonial Av 625-2568
Family Service-Traveler's Aid 222 19th St W Port.... 622-7017
Jewish Family Service Of Tidewater Inc
7300 Newport Av Nor..... 489-3111
Parents Anonymous 222 19 th W Nor 622-7039
Parents Without Partners Chaptr 216
3512 Sea Horse Way Va Bch..... 486-3294

Family Planning

Birthright Princess Anne Plaza Va Bch 340-2030
De Paul Hospital Nor 489-0222
Care & Concern 5347 Virginia Beach Blvd Va Bch... 499-5919
1301 Colonial Av Nor 625-2568
Lamaze-Prepared Childbirth Assoc Of Tidewater
931 Strickland Blvd Va Bch..... 420-3351
Peninsula Medical Center For Women
10758-A Jefferson Av Newport News..... 627-5662

Family Planning (Cont'd)

Planned Parenthood Of Norfolk & Chesapeake Inc
712 Botetourt St Nor 625-5591

Health Agencies

American Cancer Society 958-B Laskin Rd Va Bch... 481-7719
American Kidney Fund
7315 Wisconsin Av Bethesda MD..... 1-800-638-8299
American Red Cross 4441 South Blvd Va Bch..... 499-2311
Arthritis Foundation The 7510 Granby Nor..... 587-2887
Cystic Fibrosis Foundation 104 W Franklin Richmond. 481-3223
Diabetes Association Virginia Affiliate
210 Laskin Rd Va Bch..... 428-6835
Leukemia Society of America Inc
2101 Executive Dr Hampton 838-9351
Multiple Sclerosis Society-Tidewater Chapter
5291 Greenwich Rd Va Bch..... 490-9627
Muscular Dystrophy Association Of America Inc
Board Of Trade Bldg Nor..... 627-0820
National Kidney Foundation Of Tidewater Virginia Inc
700 Monticello Av Nor 623-7367
Tidewater Chapter American Heart Association
891 Norfolk Sq Nor 857-5961
Virginia Eye Foundation 935 Redgate Av Nor 622-7000
Virginia Lung Association 5349 E Princess Anne Rd Nor 855-3059

Mental Health

Contact Tidewater Hotline 428-2211
Crisis Center..... 399-6393 393-0502
Crisis Intervention Home 317 20th St Va Bch..... 425-9569
TTY Deaf Service..... 422-5740

Senior Citizens

Center Of Leisure Activities For Older Adults Inc The
644 N Lynnhaven Rd Va Bch 340-4388
Meals On Wheels 340 Lynn Shores Dr Va Bch..... 340-2066

Special Services

Association For Retarded Citizens Tidewater
906 Ingleside Rd Nor 466-8030

Continued next page

Special Services (Cont'd)

Disabled American Veterans Chapter 41
72 Afton Pkwy Ches 485-9720
Easter Seal Society For Crippled Children & Adults of Va
3101 Magic Hollow Blvd P Anne 468-3140
Family Service-Traveler's Aid 222 19th St W Nor 622-7017
Norfolk Seamen's Friend Society 1222 W Olney Rd Nor 623-4222
S P C A Of Norfolk 916 Ballentine Blvd Nor 622-3319
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► Steel & Iron

Bayside Fabricators Inc 5900 C Thurston Av Va Bch. . 460-1551

► Stereo & Hi Fi Equipment & Service

Gold Post Pawn Shop The
550 First Colonial Rd Ste 309 Hilltop Sq Va Bch . . . 425-1626

SOUND APPROACH
—See Our Display Ad This Classification—
873 Newport Sq Shop Ctr Newport News **596-7621**

SOUND SHOP THE
—See Our Display Ad This Classification—
869 S Lynnhaven Rd Va Bch **468-4499**

SOUND WORLD LIMITED
—See Our Display Ad This Classification—
4574 Pembroke Meadows Shop Ctr Va Bch **499-8555**

► Stocks & Bonds

See "Investments"

► Storage

See also "Moving & Storage"

A-AAA SELF STORAGE
4530 Holland Rd Va Bch **497-2456**

► Storm Windows & Doors

ALL SEASONS CONSTRUCTION CO INC
—See Our Display Ad This Classification—
901 Gale Ct Va Bch 499-2447

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—See Our Display Ad This Classification—
5972 E Va Bch Blvd Nor 461-6197

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3365 Military Hwy 853-1379

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—See Our Display Ad This Classification—
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Woodstoves Of Virginia 1512 Parkway Shop Ctr Va Bch 467-9300

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CHIMNEY SWEEPING
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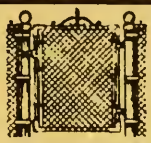

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